

## Evaluative Report of the Department of Psychology

1. Name of the department: Department of Psychology
2. Year of Establishment: 1992
3. Names of Programs / Courses offered: B.A. (UG.)
4. Names of Interdisciplinary courses and the departments/units involved: Nil
5. Annual/ semester/choice based credit system (programme wise): Annual system for UG
6. Participation of the department in the courses offered by other departments:
  - Head, Dept. of Psychology is a Resource Person for Compulsory Credit Course on Human Rights for all PG programs
  - Resource Person for Credit Course for PG course on Child Abuse and Field Work Orientation, Liaison with Alochana- Muskaan
  - Conducts Life Skills programs for all PG courses.
  - Conducted guest lectures for Commerce ( Business Entrepreneurship)
  - BCA ( Goal Setting)
  - Computer Science department ( GD, Interview techniques)
7. Courses in collaboration with other universities, industries, foreign institutions, etc
  - Conducted
    - Supervised Hands on Counselling Course along with Maharashtra Medical Foundation ( Course content preparation and Resource Person )
  - Proposed
    - MOU with Departments of Psychology at Abeda Inamdar College and St Mira's Autonomous College for collaborative modules on **Career Mapping and Professional Skill building**
    - MOU with Bapu Trust on Mind and Discourse a National level NGO research and community outreach organization working on mental health on creating and implementing Modules on **Micro counseling skills in community mental health**
8. Details of courses/programmes discontinued (if any) with reasons: N.A.

9. Number of Teaching posts

	Sanctioned	Filled
Professors		
Associate Professors	01	01
Asst. Professors	01	01

10. Faculty profile with name, qualification, designation, specialization, (D.Sc./D.Litt. /Ph.D. / M. Phil. etc.,)

Name	Qualification	Designation	Specialization	No. of Years of Experience	No. of Ph.D. Students guided for the last 4 years
Dr. Sadhana Natu	M.A, B.Ed, NET-JRF, Ph.D Advanced Diploma French	Associate Professor, Head	Clinical Psychology	26 years	04
Nashome Crasto	M.A., SET	Assistant Professor	Clinical Psychology	01 year	N.A.

11. List of senior visiting faculty:

12. Percentage of lectures delivered and practical classes handled (programme wise)  
By temporary faculty

Class	Total lectures	%Lectures by temporary faculty
FYBA	08	25%
SYBA	16	37.5%
TYBA	08	50%

13. Student -Teacher Ratio (programme wise)

Class	Student –Teacher Ratio
FYBA	100:1
SYBA	25:1, 28:1
TYBA	15:1

14. Number of academic support staff (technical) and administrative staff; sanctioned and filled- Sanctioned 01, Filled 01

15. Qualifications of teaching faculty with DSc/ D.Litt/ Ph.D/ MPhil / PG.

Qualifications	PG	PhD
	02	01

16. Number of faculty with ongoing projects from a) National b) International funding agencies and grants received:

- Submitted one project

17. Departmental projects funded by DST - FIST; UGC, DBT, ICSSR, etc. and total grants received – Completed projects

Funding Agency	No. of Projects	Grant amount
UGC	01	1,50,000 Lakh
BCUD	01	1 Lakh
Karve Institute of Social Science	01	70,000
Mahila Sarvangeen Utkarsh Mandal	01	60,000

18. Research Centre /facility recognized by the University – Using the common research facilities available for Departments of Social Science

19. Publications:

- \* a) Publication per faculty

- \* Number of papers published in peer reviewed journals (national / international) by faculty and students -
  - \* Number of publications listed in International Database (For Eg: Web of Science, Scopus, Humanities International Complete, Dare Database - International Social Sciences Directory, EBSCO host, etc.)
  - \* Monographs
  - \* Chapter in Books
  - \* Books Edited (Journal Editorial work )
  - \* Books with ISBN/ISSN numbers with details of publishers
  - \* Citation Index -
  - \* SNIP
  - \* SJR

\* Impact factor

\* h-index

#### Research paper in reputed journal with ISSN Number

Examining Counselling Curricula form a gender and mental health perspective, ISSN 2229 5356, Indian Association of Health Research and Well- being, New Delhi	Indian Journal of Health and Well-being, Vol2, Issue 4 December 2011, pp 725-727 <b>Impact factor : 2.5 2011</b>
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#### Research paper in conference proceedings

Empowering women in Higher Education Institutions : Including the Excluded , ISBN 978 81 928564 1 4 , National Symposium Empowering Women in Higher Education Institutions	Modern College Ganeshkhind, Pune 2014
Youth and Mental Health : Urban, Rural and Fringe Realities, ISBN 978 81 931444 0 4 , National seminar on Urban Inequalities in India	Siddhivinayak College, Pune 2015
College Mental health : The Disha Experience in Medico Friends Circle Bulletin brought out during National Conference on Mental Health	Medico Friends Circle , Pune 2015

#### Reference Book Published by International publisher – Peer Reviewed

Samajik Manas shastra ISBN 978 81 317 3215 1 , 2012	Pearson , South Asian Publication, South Asia, New Delhi
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#### Reference Book Published by National publisher – Peer Reviewed

Youth Suicides in Purandar Taluka, Pune District; an exploratory Study , ISBN 978 93 81352 06 9 , 2015	MASUM, National publisher
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#### Chapters in a Book

Engendering Psychology: Charting a New Course , pp 85-90	Gender Studies : Teacher Fellowship Project Series  2011	Women's Studies Centre, Pune University
Lingabhav ani manasshastra : ek avalokan, ISBN 978 93 82364 19 1	Sandarbhasahit Streevad: Streevadache Samakaleen Charchavishwa 2014	Shabda Publications,  Mumbai

1. Ethics in Counselling in Lokvidnyan Dindarshika, Pune
2. "Web resources in Social Sciences" in Granthavedh an e-Newsletter of Modern College library and also its Co – Editor
3. Importance of Mixed Method in Psychology Research in NAOP e newsletter
4. Professional Ethics in Clinical Practice in Psychology : Need for licensing on Indian Psychologists Yahoo Group

#### 20. Areas of consultancy and income generated

Agency	Nature of Consultancy	Amount received
Karve Institute of Social Science	Customised a Psychological test, conducted research(completed)	70,000 ( 2011-2012)
Tata Trust	Evaluation of Bapu Trust Community Mental Health Project	25,000 ( 2013)
Principal Global Services ( MNC) 2014-2017	Expert on Anti Sexual harassment Cell. Participation and training( ongoing)	1lakh ( 2014-2015)
MASUM national NGO research organization 2014-2017	Advisor on research and campaigns	40,000 ( 2014-2015)
Clinical practice from home	Counselling and Psycho therapy	Monthly income

Areas of consultancy enlisted on Linked in (along with endorsements received) (Lectures, workshops, writing)

Qualitative and Quantitative Research Methodology in Social Science

Gender Sensitisation, Gender and Psychology, Mental Health

Counselling Psychotherapy and Vocational Guidance

Personality Development

Sexual harassment at the workplace (law, advocacy, training)

Documentation, writing, advocacy

Corporate training (Motivation, team building, work- life balance)

NGO training (youth, gender and mental health issues)

Career Mapping in Psychology

## 21. Faculty as members in

### a) National committees :

Selected as a Member of Indian Association of Social Sciences (2011-2014)

Life Member of National Academy of Psychology

Life Member of Marathi Manas shastra Parishad

Life Member of Indian Association of Women's Studies

Project Advisory Committee of MASUM ( 2014-2017)

ICC of Principal Global Services (2014-2017)

### b) Editorial Board:

Indian Association of Women's Studies Newsletter

Aaina a National Mental Health Newsletter

Abhivyakti- a State Mental Health Newsletter

### c) Board of Studies :

Psychology – SPPU (2010-2015)

Psychology – St Mira's College (2004-2013)

## 22. Student projects

a) Percentage of students who have done in-house projects including inter departmental/programme: 30% and 50% (Disha Kaleidoscope)

b) Percentage of students placed for projects in organizations outside the institution i.e.in Research laboratories/Industry/ other agencies: 5 %

### 23. Awards / Recognitions received by faculty and students

Dr. Sadhana Natu has received the following **Awards** –

1. Innovative Teaching Award of SP Pune University – First Prize ( 2010)
2. Savitribai Phule Teacher Fellowship of Women’s Studies Centre, Pune University ( 2011)
3. Best Teacher Award of Progressive Education Society ( 2012)
4. Best Book Award as Co-author by Marathi Manas Shastra Parishad ( 2014)

### **Recognition:**

1. M Phil and PhD Guide in Psychology SPPU
2. Evaluator for MA and MPhil for Internship and Dissertation Viva for IGNOU ratified by IGNOU New Delhi
3. Member of ICC and Trainer for a Multinational Company Principal Global Services
4. Invited Faculty for Masters Diploma in Higher Education Andragogy for Symbiosis International University for Professors
5. Invited as an Expert for conducting FDP at Symbiosis International University 2008 onwards
6. Resource Person at 8 National Conferences, Chaired Sessions at 5 National conferences
7. Chief Guest and Gender Expert for Inauguration of Vidyarthini Manch at 4 Colleges and for International Women’s Day in a few NGOs and at Honeywell International Limited
8. Resource Person at SCLA, SSLA, YASHADA and BARTI
9. Expert for MPhil and PhD Fellowship Interviews at BARTI
10. Resource Person for QIP programs on several topics in numerous Colleges
11. Chairperson and Coordinator in framing the syllabi of 3 Undergraduate courses and 2 post graduate courses of SPPU, Psychology courses. Member in other course committees
12. Designed the syllabi of Core Courses of Psychology as well as credit courses in BOS, St. Mira’s College



### Students' Achievements

- 2 students completed Post Graduate Courses in Psychology from Nottingham Trent University, UK and New York State University, USA
- 1 Student has been selected for Doctoral Work in London School of Tropical Medicine with full stipend
- 4 students completed the Intensive Course on Women and Development conducted by the Women's Studies Centre, Pune University.
- Disha members Ketan Rakshe, Deepali Kshirsagar, Rutuja Chinchore and Chetana Shivale worked as Volunteers for National Alliance for People's Movement Annual Conference.
- Deepali Kshirsagar was placed at Pragati Foundation and Samyak for two and three months respectively.
- Deepali Kshirsagar came 4<sup>th</sup> in the National Entrance Examination for Masters in Gender, Culture and Development course
- Papers of 3 students have been selected for National Paper Presentation Competition organized by Dept. of Psychology, Christ University Bangalore

24. List of eminent academicians and scientists / visitors to the department

25. Seminars/ Conferences/Workshops organized & the source of funding

a) National

Dates	Topic	Source of Funding	Amount
23-25 September, 2013	Empowering women in Higher Education institutions	UGC	1,50,000

July 2014 Week long workshop	Faculty Development program in Social Sciences	UGC Academic Staff College, SPPU	Incidentals
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- Capacity building Workshop for FY, SY, TY BA students ( 2011-2012)
- Career guidance, gender sensitization, pre- marital counselling workshops every year
- Life skills and study skills workshops every year
- Bridge Course for FY as well as SY ( special and general) BA students

26. Student profile programme/course wise:

Name of the Course/programme	Applications received	Selected	Enrolled		Pass percentage
			*M	*F	
FYBA	400	250	100	150	
SYBA	80	72	30	42	
TYBA	35	27	10	17	

\*M = Male \*F = Female

27. Diversity of Students (SYBA current year)

No. of Students from same state	No. of students from other states	No. of students from abroad	No. of female students	Physically challenged student	Minorities	SC-ST
55	9	8	42	01	10	12

28. How many students have cleared national and state competitive examinations such as NET, SLET, GATE, Civil services, Defense services, etc.?

2 Students have done Post Graduate Courses from Universities abroad.

1 Student won the US Fulbright Fellowship for a PG Program and has currently been selected for a PhD program in London School of Tropical Medicine

29. Student progression

<b>Student progression</b>	<b>Against % enrolled</b>
UG to PG	
PG to M.Phil.	
PG to Ph.D.	
Ph.D. to Post-Doctoral	
<p style="text-align: center;"><b>Employed</b></p> <ul style="list-style-type: none"> <li>• Campus selection</li> <li>• Other than campus recruitment</li> </ul>	
Entrepreneurship/Self-employment	

30. Details of Infrastructural facilities a)

Library - Number of books in Central

Library: 800

Departmental library: 100

Cost: 1, 60,000/

Dr Sadhana Natu is a member of Women's

Studies Library, SPPU, BCL and

Bapu Trust Library

b) Internet facilities for Staff & Students – Common PC in the Staff room for Staff and

Digital Library for the students. BSNL and Aircel broadband facility at 10 mbps

c) Class rooms with ICT facility – 2

d) Laboratories – in the pipeline

31. Number of students receiving financial assistance from college, university,

government or other agencies – From 2011 to date, 6 students have been financially supported by HOD, Dept. of Psychology

32. Details on student enrichment programmes (special lectures / workshops / seminar)

33. Teaching methods adopted to improve student learning

Teaching Methods	Activity	Learning Outcome
Experiential Learning	Visits, Observation, Interviews, Writing	Kaleidoscope In house Magazine
Group Discussion	GDs on various topics	Attitudinal change, writing
Self- learning	Thinking Skill workshops	Increase in general mental ability
Lecture - Demo	Presentation training	Learning oral and PPT presentation
Learning by doing Peer learning	Psy World Disha	PPT presentations, posters, test administration and interpretation ( personality analysis through drawing) Bonding, support and academic exchange among the students
Facilitative teaching	Class interaction, asking questions	Comprehension, analytical thinking
Use of web resources	Writing assignments, free listing	Term papers
Use of news items, advertisements, songs, AV resources	Analysis, discussion , writing	Conceptual clarity, application of fundamentals
Field visits	Observation, discussion, writing	Perspective on work in Psychology
Using psychological tests	Studying the manual	Administering, interpretation
Class tests, Open book tests	Quiz, Writing	Recall, Analytical ability, critical thinking
Known to unknown	Introduction of various	Develop an

	Learning resources- text, reference, encyclopedia, journal, dictionaries, e journals , web sites, archives, portals	understanding about Primary, secondary, tertiary learning material ( sources, data)
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#### 34. Participation in Institutional Social Responsibility (ISR) and Extension activities

##### In house

- Association with the College NSS Unit – organized a program by Tathapi Trust on Sexuality awareness
- HOD, Dept. of Psychology runs the Counselling Cell of the College and conducts Life Skills, Study Skills workshops for the students
- HOD, Dept. of Psychology is a Member of the Anti- Sexual harassment Cell of the college and was Chairperson of the Anti- ragging cell of the college.
- Member of the Student Welfare Committee of the college.
- Resource Person for several ISR activities of the college.
- Coordinator of College level Rotaract Club

##### Community

- Member of and a resource person for Stree Mukti Andolan Sampark Samitee( SMASS) a network of women’s organizations in Pune City
- Advisor to several NGOs working on the issues of health, mental health, youth and gender issues.
- Conducted a Workshop on Gender and Mental Health for Domestic Violence victims under the aegis of AIDWA  
Students have also attended International women’s day rallies conducted by SMASS , One Billion Rising , Lokshahi Utsav, NAPM meet

#### 35. SWOC analysis of the department and Future plans

Sr. No	Strengths	Weaknesses	Opportunities	Challenges
1	Highly qualified Staff	Limited space for the department	Starting Lay Psychology Courses	Expansion in terms of space and programs

2	Diversity amongst students	Limited space for Counselling Cell	Starting Hands on training courses	Training diverse students
3	Repertoire of Andragogies	Running only UG department	Creating more resource material for training and counselling	Enhancing the bridge course
4	Use of Needs assessment and skill mapping techniques	Limitations on the use of ICT	Collaboration with Social Science, Commerce and Science departments	Consolidating counseling services
5	Adequate infrastructure, books, journals, equipment, tests		Developing Peer learning models	

#### Future Plans:

1. Consolidation of TYBA course and building up a good laboratory
2. Starting a course in Psychology for Lay persons
3. Starting the PG Diploma Course in Professional Skills in Clinical Counselling affiliated to SPPU
4. Preparing material ( tests, modules, handbooks) on general mental ability, aptitude testing for Placement cell, Competitive examination centre of the college and various departments
5. Collaborative work with other departments, agencies
6. Collaborative research
7. Preparing a Handbook to lay out the mechanism of setting up, consolidating and monitoring Counselling Cells.
8. Participating in outreach programs of Bapu Trust
- 9.

List of Eminent Academicians/ Experts/ Visitors to the Department

Sr. No	Name of Expert	Topic	Area/ organization	Year of Visit
1	Milind Chavan	Growing up Male	MASUM - Activist	2011-2012
2	Smt Vidya Bal	Love and intimate relationships	Nari Samata Manch – Editor, Activist	2011-2012
3	Dr Bhooshan Shukla	How to handle intimate relationships	Consulting Psychiatrist	2011-12
4	Dr Soumitra Pathare	Dealing with Depression and Suicide	Consulting Psychiatrist	2012-13
5	Dr Kiran Moghe	Violence against women	Activist	2012-13
6	Divyanshu Ganatra	Overcoming physical odds	Clinical Psychologist	2012-13
7	Ujwala Mehendale	Overcoming mental odds	Journalist, Writer	2012-13
8	Dr Shyamala Vanarase	Depiction of Youth in media	Psychologist and media expert	2013-14
9	Dr Bhargavi Davar	Youth and mental health	Executive director, Babu Trust	2013-14
10	Dr Alka Wadkar	Life Skills	Psychology Faculty	2014-15
11	Sadhana Dadhich	Choosing values	Social Activist	2014-15
12	Prof Sunil Bhatia	Cultural Psychology	Faculty of Psychology Connecticut College, USA	2015-16
13	Sachin Shinde	Career in Psychology research	Sangat, Goa, Researcher	2015-16
14	Dr Suvarna Bobade	Study Skills	Psychologist	2015-16
15	Prof Karuna Chanana	Women's Empowerment	JNU	2013
16	Prof Ramabrahmam	Policies regarding Women's empowerment	Central University, Hyd	2013
17	Prof Chaya Datar	Leadership training for women in HEI	TISS, Prof Emeritus	2013

## Student Enrichment Program

Sr. No	Year	Activity	Resource Person/ Organization	Outcome
1	2011-12	Session on How to prepare for MSW and B. Ed Entrance exam	Alumni	Awareness and selection for the courses
2	2011-12	Quiz, Learning about web resources	HOD	Better general awareness, ICT skills
3	2011-12	Emotional Intelligence testing	PhD Student , SNTD University	Information about EI
4	2012-13	Film Show	Schizophrenia Awareness Association	Greater awareness about mental disorders
5	2012-13	Growing up Male	Samyak, Activist	Gender sensitization of male students
6	2012-13	Premarital Counselling	HOD	Empowerment of female students
7	2013-14	Careers after BA	HOD	Vocational goal setting
8	2013-14	Speak together for students form North east states	HOD	Respect for diversity among all the students
9	2014-15	Sexuality and gender	HOD, Disha members	Discussion on an important issue
10	2014-15	Careers in Social work	Alumni	Career mapping
11	2014-15	Visit to SWACH	Saraswatibai Waghmare	Grass roots perspective building
12	2014-15	Presentation about Disha at Women's Studies Centre, Pune University	Various	Information dissemination about Disha
13	2014-15	Film show on gender and violence followed by discussion	Disha members	Discussion on aspects of gender violence
14	2015-16	Psy world	Students of Psychology	Training in testing, ppt and poster making on communication Psychology



