

BIO-DATA

of



Miss. SHINDE RUPALI SHYAM

M. Sc. (NET- JRF), Ph. D (Foods & Nutrition)

Miss. RUPALI SHYAM SHINDE

M. Sc. (NET JRF) Ph. D (Foods & Nutrition)

OBJECTIVE

To get a challenging position of lecturer in which I can utilize my experience and make bright carrier of students.

PERSONAL DATA

- Marital Status : Married
- Nationality : Indian
- Languages Known : English,Hindi,Marathi(Read, Write & Speak)
- Permanent Address: Maharashtra Housing Board Colony,
Bldg. No. M 23, Room No. 2169,
Airport Road, Yerwada, Pune 411006.

ACADEMIC PROFILE

Certificate / Degree	Name of University/ Institution	Year of Passing	Class / Division	Percentage / CGPA	Major Subjects
S.S.C	Maharashtra Board	2002	I	74.26	Marathi, Hindi, English, Maths, Science, Social Science
H.S.C	Maharashtra Board	2004	II	57.50	Marathi, Hindi, English, Physics, Chemistry, Biology.
B.Sc. (Home Science)	College of Home Science, MAU Parbhani	2009	I Distinction	8.51 / 10	Foods & Nutrition
M.Sc. (Foods & Nutrition)	G.B.P.U.A. & T. Pantnagar	2011	II	7.07 / 10	Foods & Nutrition
Ph.D.	VNMKV, Parbhani	2018	I	8.2 / 10	Foods & Nutrition

ADDITIONAL QUALIFICATION

- **Completed six months ‘Post graduate diploma in Diabetes Educators’ of Association of International Diabetes Federation, New Delhi.**
- **Completed e learning course in ‘Food Composition and Data Base’ of Food and Agriculture Organization of (FAO e-learning Website).**
- **Completed e learning course of ‘Food Safety’on (FAO e-learning Website).**

PROJECT WORK

- M.Sc. -‘Formulation of cakes by incorporating amaranth flour in different levels’
- Ph. D – ‘Formulation of functional snacks and its effect on blood glucose and lipid profile’

AWARDS AND FELLOWSHIPS

1. Awarded with Junior Research Fellowship (**JRF**) for P.G. from **Indian Council of Agriculture and Research (ICAR), New Delhi**, in academic year 2009-2011.
2. Qualified **UGC- NET Exam in 2012** and awarded fellowship for **Ph. D Awarded Junior Research Fellowship (JRF) for Ph.D. Programme from UNIVERSITY GRANTS COMMISSION New Delhi**, in academic year 2012-2013.
3. Qualified (**ICAR) Senior Research Fellowship Exam (PGS)** in 2013 for Ph. D Programme conducted by Indian Council of Agriculture and Research (ICAR), New Delhi.

WORK EXPERIENCE

- Undergone In-Plant training in '**Dr. Writers food Products Pvt. Ltd. Satara (M. S.)** 20th April 2008 to 28th May 2008 (1 Months) As Quality Control Officer'.
- Undergone In-Plant training in **Little Star food Products and Pvt. Ltd. Hyderabad** Control Office 1st March 2009 to 30th May 2009 (2 Months) as quality officer.
- Rural Agricultural Work Experience Programme for 2 months in Village Kapasi Dist. Parbhani (M. S.).
- Undergone In-Plant training on Diet Counselling in **Civil Hospital Parbhani** (4 Months).
- Undergone In-Plant training Nutritional Practical Care in Bharti Vidyapeeth Hospital, Pune (40 days).
- Worked as Clinical Nutritionist in GSK, HORLICKS under the Project '**Mothers Campaign in India**' (2 months).
- Worked as Clinical Nutritionist under '**Britannia Cheers to health Plan**' (this campaign targeted 2500 young mothers for 2 months) Britannia.
- Worked as assistance Professor in Modern College of Arts Commerce and Science, Ganeshkhind, Pune- 431402. (2 years).
- Worked as Academic Counsellor for MSCDFSM in IGNOU, Pune. (2 year)

LIFE TIME/ANNUAL MEMBERSHIPS

- 1) **Life Time Member of Association of Diabetes Educators**
- 2) **Life Time Member of Nutrition Society India.**
- 3) **Annual Member Asian Journal of Home Science.**
- 4) **Annual Member of Green Farming international Journal**
- 5) **Annual Member of Food Science Research Journal**

PARTICIPATION IN WORKSHOPS and SEMINARS etc.

Sr. No	Title of Training / Workshops/ Seminar	Organizing Institute	Duration/ Days
Workshops			
1.	Impacting food value chain and leveraging innovation	National institute of Food Technology and Entrepreneurship and management, Haryana	(1day)
2.	Food Labelling	National Institute of Nutrition , Hyderabad	(1day)
3.	'Intellectual Property and Innovation Management in Knowledge Era'	G.B. Pant University of Agriculture and Technology, Uttarakhand	(1 days)
4.	Ignite young Mind	College of Agriculture, VNMKV, Parbhani	2 days 8 th -9 th March 2017

Training

1.	Food Safety Management System (HACCP & ISO 22000)	VNMKV, College of food Technology, Parbhani	(3 days)
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PUBLICATIONS

Research Papers Published-

1. Shinde Rupali S. and Reeta Singh Ranghuvanshi. (2015). Standardization of cakes by using different levels of amaranth flour and its acceptability. *International journal of Science and Research*. Vol. 4: 6 pp. 1859-1861.
2. Shinde Rupali S. and Reeta Singh Ranghuvanshi. (2015). Studies on standardization and Physicochemical Properties of Amaranth Flour Cakes *Asian journal of Home Science*.
3. Shinde Rupali S. and Asha Arya (2017). Studies on Development of Nutri Bar Functional Snack. *Green Farming* Vol. 8 (3), May-June, 2017. (Accepted for publication)
4. Anuradha Doke, Asha Arya, Jaishree Bhalerao and Rupali Shinde (2017).Development of Value Added Fruit Jams. *Food Science Research Journal*. Volume 8, Issue 1, April, 2017, 1-6. (Accepted for publication)

5. Anuradha Doke, Asha Arya, Jaishree Bhalerao and Rupali Shinde (2017). Development of Value Added Papaya and Pineapple Jams. *Food Science Research Journal*. Volume 8, Issue 1, April, 2017, 1-6
6. Jaishree Bhalerao, Asha Arya Amruta Lohekar, and Shinde Rupali S (2017). Development Of Millet Based Nutritious Multipurpose Instant Mix. *Green Farming* Vol. 8 (3): 1- ; July -September, 2017. (Accepted for publication).
7. Rupali Shinde and Asha Arya, (2017). Estimation of glycemic index of developed Heartdiadocare functional snack. *Food Science Research Journal*. Volume 9, Issue 1, April, 2018, 42-47

BEST POSTER AWARD

- Awarded best poster presentation Award in **ICMR and DST sponsored '5th International Conference on Advances in Food Technology and Health Sciences' (ICFTHS-2014) on 15-16th October, 2014** at Jawaharlal Nehru University, New Delhi. Shinde Rupali. S and Reeta Singh Ranghuvanshi. (2015). Department of Food and Nutrition, GBPUA & T Panatnagar, Uttarakhand, India. Formulation of eggless cakes by incorporating different levels of amaranth flour and its acceptability.

ORAL, POSTER PRESENTATION & PARTICIPATION IN INTERNATIONAL & NATIONAL CONFERENCE -

- 1) Participated and poster presentation in **ICMR and DST sponsored '5th International Conference on Advances in Food Technology and Health Sciences' (ICFTHS-2014) on 15-16th October, 2014** at Jawaharlal Nehru University, New Delhi.
 - i. Shinde Rupali.S and Reeta Singh Ranghuvanshi. (2015). Department of Food and Nutrition, GBPUA & T Panatnagar, Uttarakhand, India.

Formulation of eggless cakes by incorporating different levels of amaranth flour and its acceptability.

- ii. Chilkawar Pallavi. M., Shinde Rupali.S. and Pawar. V. S. Vasantrya Naik Marathwada Krashi Vidhyapeeth, Parbhani, Maharashtra, India.
 - iii. Design the snacks products by using pearl millet and its acceptability evaluation. Lahade Kalpana N., Shinde Rupali S. and Nalawade V. M. Department of Food and Nutrition, VNMKV, Parbhani, India.
- 2) Participated and poster presentation **3rd International conference on Impacting Food Value Chain and leveraging Innovation (IFVCLI), Haryana at NIFTEM, 26- 28 February 2015.**
- i. Development of Nutritious Products from Pearl Millet. Shinde Rupali Shyam, Vijaya Nalwade and Bhalerao Jaishree.
- 3) Participated and poster presentation **47th ANNUAL NATIONAL CONFERENCE OF NSI 9-10 October 2015.**
- i. Consumption Pattern, Storage Practices and Nutritional Awareness Regarding Niger Seed (*Guizotia Abyssinia*). Asha Arya, Chaitali Kalbande, Rupali Shinde and Jaishree. Vasantrya Naik Marathwada Krishi Vidyapeeth, Parbhani, Maharashtra.
 - ii. Development of Value Added Products Utilizing Finger Millet Malt (*Eleusine Coracana*). Jaishree Bhalerao, Farzana Farooqui, Asha Arya and Rupali Shinde Vasantrya Naik Marathwada Krishi Vidyapeeth, Parbhani, Maharashtra.
 - iii. Value Addition of Cakes by Utilizing Amaranth Flour (*Amaranthus Spp.*). Rupali Shinde, Rita Raghunshi and Asha Arya.
- 4) Participated and poster presentation **INTERNATIONAL CONFERENCE ON Community Nutrition and Health: A social Responsibility and**

Humanizing work and work Environment December 7-9th 2015. VMCC-IIT, Bombay.

- i) Dietary Pattern of Obese Adults. Asha Bhimrao Arya, Aliya Samreen syeda, Jaishree G. Bhalerao and Rupali Shinde.
 - ii) Prevalence of Overweight and Obesity in Relation to Physical Activity Pattern of Adults. Asha Bhimrao Arya, Aliya Samreen syeda, Rupali Shinde, and Jaishree G. Bhalerao.
 - iii) Clinical examinations of Overweight and Obese Adolescents. Asha Bhimrao Arya, Aruna Gorakhnath Gaikwad, Jaishree G. Bhalerao and Rupali Shinde.
- 5) Participated and poster presentation **48th ANNUAL NATIONAL CONFERENCE OF NSI 4-5 November, 2016.**
- i. Development Of Millet Based Nutritious Multipurpose Instant Mix. Asha Arya, Jaishree Bhalerao, Amruta Lohekar, Rupali Shinde.
 - ii. **DEVELOPMENT OF VALUE ADDED FRUIT JAM.** Asha Arya, Anuradha Doke, Jaishree Bhalerao and Rupali Shinde.
- 6) Participated and poster presentation **NATIONAL CONFERENCE ON SPICES: CHALLENGES AND OPPORTUNITIES NCS 2-3 FEBRUARY 2017. CSIR- CFTRI, Mysuru, Karnataka.**
- iv) Development of Cardamom flavoured Nutri Bar. Rupali Shinde, Asha Arya and Jaishree G. Bhalerao.

EXTRACURRICULAR ACTIVITIES

- **Participated and poster presentation in 9th Maharashtra State Inter-University Research Convention 'AVISHKAR- 2014', January 21- 23, 2015 Nagpur.**
- **Participated in Exhibition on the occasion of National Nutrition week (1 to 7 September- 2015).**
- **Demonstration on 'Eggless cakes' for rural women in household level during N.S.S. Camp. Lahagaon, Parbhani.**
- **Participated in ' International Day of Yoga' organized under N. S. S. in Vasantrya Naik Marathwada Krishi Vidyapeeth, Parbhani.**

SKILLS & ACCOMPLISHMENTS

- Computer Experience -Passed MS- CIT, MS – Office.
- Volunteer and active participation in N.S.S. (National Service Scheme).
- Attended 240 hours N.S.S. camp at Navagad Tal. Parbhani.
- Completed 'German Language Program' in II Semester 2009-2010.

Date: / /2021

Place: Pune

Shinde Rupali Shyam