

Bio Note.

Prof Dr Sadhana Natu

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She is recipient of the National Merit Scholarship and Dakshina Fellowship during her MA and qualified the UGC-NET JRF and held a UGC Junior Research Fellowship for her PhD.

She is working for 37 years as an Academician, Researcher, Community Psychologist, Feminist Psychotherapist and Activist from **grassroots to global level**. Before entering the academic field full time, she trained as a Researcher at the Foundation for Research in Community Health (a leading Field based research organization in Asia) and in Rights Based Advocacy and Research in the National Centre for Advocacy Studies (which collaborated with Advocacy International Washington DC).

Her areas of interest, research and engagement are Clinical Psychology, Social Psychology and Gender Psychology. She has long standing work on Gender and Psychology, Gender and Mental Health, Youth and Mental health where she has written extensively on these issues in National and International Peer Reviewed and High Impact factor journals, **Chaired** International and National Conferences and been a **Resource Person** from grassroots to global level. Her published research papers are more than **80** and articles in magazines and newspapers are more than **100**.

She has completed **Eight Independent Research** projects as Principal Investigator. She is an Advisor and Consultant on Research to several NGO Research Organizations and Academic Departments. She has **conceptualized and organized** several state, national and international level conferences for her institution as well as others.

She has written numerous books (international publisher **08**, national project reports **08** and local publisher **15**), and more than **15 book chapters** in national and international edited books. Her latest Book chapters are in Books published by **Springer Elsevier** (2020) and

Policy Press UK (2022). Her latest solo author Book titled ‘Psychology and Gender: An Introduction’ was published by **Sage International** in 2021 and ‘Psychology and Gender: An Advanced Reader’ was published by **Routledge International** in 2023.

She is an Editor and has also worked on the Editorial Collective of **Indian Association of Women’s Studies Journal, Aaina a National Mental Health Journal and Abhivyakti a State Mental Health Journal**. She has conceptualized and edited 16 volumes of the student journal ‘**Kaleidoscope**’ published by her department and six volumes of the research compendium ‘**Mindscape**’.

She is **Expert Peer Reviewer** for National Journals such as ‘Psychology and Developing Societies’ (Sage), ‘Psychological Studies’ (Springer) and Interdisciplinary Journal ‘Confluence’ and International Journals such as ‘Annual Review of Critical Psychology’ and ‘Qualitative Health Research’(Sage) and Journal of Theoretical and Philosophical Psychology (American Psychological Association).

She is an **MPhil and Ph.D. Guide** in **Psychology and Women's Studies** of Savitribai Phule Pune University and Symbiosis International University and numerous students who have worked under her have been awarded degrees and six are currently working under her guidance. She is Co Guide to Ph.D. research scholar of Symbiosis International University.

She is working as an **External Expert on Prevention of Sexual Harassment Committees** with NGOs, in Academic sector and Corporates. She is a trained **Psychotherapist** and runs her own private practice for 33 years. She also Runs a Peer Support and Speak Out Group in her institution called ‘Disha’ and heads the Counselling Cell since 1992. She is a **Core Group Member of** Mental Health and Disability Committee, Maharashtra and active in the Mental Health Movement and Women’s Movement.

She has conducted hundreds of **trainings and Faculty Development Programs** on Gender Sensitization, Gender Spectrum and Feminist Psychotherapy, Research Methodology for students, researchers, faculty members and NGO workers. She has trained academicians from across the country offline and online in Faculty Development Programs through HRDC,

Savitribai Phule Pune University, Teacher, and Learning Resource Centre of Symbiosis International University and for several universities across India since the last 30 years.

She has several **Radio and Television** programs and podcasts on YouTube and Spotify and courses on SWAYAM platform on Psychology to her credit.

She has **designed syllabi** as Board of Studies Member across Universities and Autonomous Colleges in India in Psychology and Women's Studies including Savitribai Phule Pune University, SIU, SCLA, SSLA, IGNOU, St Mira's College Autonomous, Ramkrishna More College Autonomous, Pimpri Chinchwad University, Sri Balaji University, Pune. She was designed the syllabus for BA Liberal Arts for the offshore campus of Savitribai Phule Pune University in Doha in 2020 on invitation by Hon Vice Chancellor, Savitribai Phule Pune University. She has **designed** more than two dozen standardized **psychometric tests**.

She has won **several awards and recognition** for her work: notable amongst these are **Innovative Teaching Award of Savitribai Phule Pune University, Best Teacher Award of Progressive Education Society, Teacher Fellowship Award of Women's Studies Centre Savitribai Phule Pune University for writing a monograph and Best Book Award of Marathi Manasshastra Parishad**. She has been specially felicitated for her work on **Gender Issues by Savitribai Phule Pune University, NGOs, and Corporate Companies**. She is an Invited Member on several international collaborative efforts such as <https://selfhelpculture.weebly.com>

She is an elected **Executive Committee Member of National Academy of Psychology**, Life Member of **Indian Association of Women's Studies**, Indian Association of Social Sciences and Marathi Manasshastra Parishad.

She is an Honorary Director of Centre for Inquiry into Mental Health, Pune.
